

CRUSADER BASKETBALL

2023-2024 SCHEDULE

BASKETBALL PRACTICES AND HOME GAMES WILL TAKE PLACE AT SACRED HEART GYM

Wed. Nov.8 practice 3:30-5:00PM

Sun. Nov. 12 practice 3-4:30PM

Mon. Nov.13 practice 6:00-7:30PM

Wed. Nov.15 practice 3:30-5:00PM

Fri.-Sat. Nov.17-18 Tournament AT Unity Ridge, Denison

Mon. Nov.20- practice 6:00-7:30PM

Mon. Nov.27 practice 6:00-7:30PM

Tues. Nov.28 HOME vs. St. Paul's Ft. Dodge 4:30PM

Fri. Dec.1 game AT Des Moines Homeschool 4:30PM depart at 3:00

Mon. Dec. 4 practice 6-7:30PM

Wed. Dec.6 practice 3:30-5:00PM

Fri. Dec. 8 practice 3:30-5:00PM

Tues. Dec. 12 game AT Unity Ridge, Denison 4:30 depart at 2:30

Wed. Dec. 13 practice 3:30-5:00PM

Thurs. Dec. 14 game AT St. Paul's Latimer 4:30PM depart at 2:40

Tues. Dec.19 game AT Mt. Olive, Des Moines 4:30PM depart at 3:00

Wed. Jan.3 practice 3:30-5:00PM

Thurs. Jan. 4 game AT St. Paul's Ft. Dodge 4:30PM depart at 3:00

Sat. Jan. 6th 5/6th grade Jamboree AT Unity Ridge, Denison

Tues. Jan. 9 game AT HCHE 4:30 depart at 3:00

Thurs. Jan.11 practice 3:30-5:00PM

Fri. Jan.12 practice 3:30-5:00PM

Tues. Jan. 16 HOME vs. Unity Ridge 4:30PM

Wed. Jan.17 practice 3:30-5:00PM

Thurs. Jan. 18 HOME vs. Latimer 4:30PM

Mon. Jan.22 practice 6:00-7:30PM

Tues. Jan. 23 HOME vs. Mt. Olive 4:30PM

Thurs. Jan.25 HOME vs. Des Moines homeschool 4:30PM

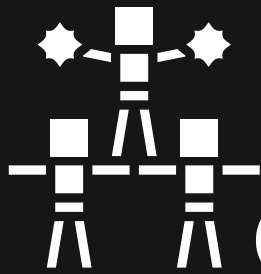
Fri-Sat. Jan. 26-27 District tournament AT St. Paul's Ft. Dodge

Tues. Jan.30 HOME vs. HCHE 4:30PM

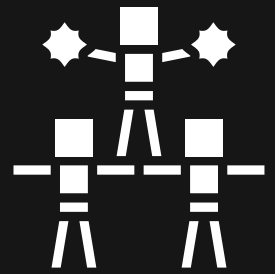
HUSTLE AND HEART —————> SET US APART

GIVE GOD GLORY-PRAISE HIS NAME

Whatever you do, work at it with all your heart. Colossians 3:23



CRUSADER CHEERLEADING



SCHEDULE 2023-2024

HOME games will take place at Sacred Heart Gym

Tues. Nov.7 practice 3:30-5

Thurs. Nov.9 practice 3:30-5

Tues. Nov.14 practice 3:30-5

Thurs. Nov.16 practice 3:30-5

Fri.-Sat. Nov.17-18 Tournament AT Unity Ridge, Denison

Tues. Nov. 21 practice 3:30-5

Tues. Nov.28 HOME vs. St. Paul's Ft. Dodge 4:30PM

Thurs. Nov.30 practice 3:30-5

Fri. Dec.1 game AT Des Moines Homeschool 4:30PM depart at 3:00

Tues. Dec.5 practice 3:30-5

Thurs. Dec.7 practice 3:30-5

Tues. Dec. 12 game AT Unity Ridge, Denison 4:30 depart at 2:30

Thurs. Dec. 14 game AT St. Paul's Latimer 4:30PM depart at 2:40

Tues. Dec.19 game AT Mt. Olive, Des Moines 4:30PM depart at 3:00

Thurs. Jan. 4 game AT St. Paul's Ft. Dodge 4:30PM depart at 3:00

Sat. Jan. 6th 5/6th grade Jamboree AT Unity Ridge, Denison

Mon. Jan.8 practice 3:30-5

Tues. Jan. 9 game AT HCHE 4:30 depart at ?

Thurs. Jan. 11 practice 3:30-5

Tues. Jan. 16 HOME vs. Unity Ridge 4:30PM

Thurs. Jan. 18 HOME vs. Latimer 4:30PM

Thurs. Jan.19 practice 3:30-5

Tues. Jan. 23 HOME vs. Mt. Olive 4:30PM

Thurs. Jan.25 HOME vs. Des Moines homeschool 4:30PM

Fri-Sat. Jan. 26-27 District tournament AT St. Paul's Ft. Dodge

Tues. Jan.30 HOME vs. HCHE 4:30PM

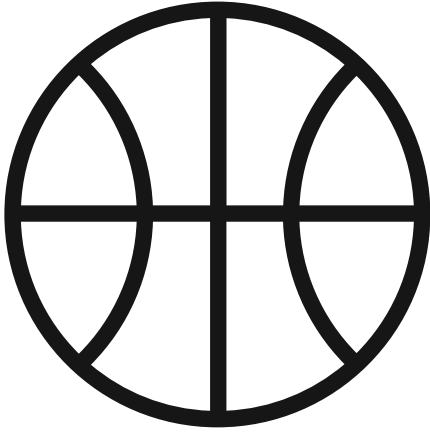
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CRUSADER BASKETBALL

Where is the game today? Addresses for away games



Thank You
for our parent
drivers,
Athletes NEED
to have a ride
arranged
BEFORE the day
of the game.

HCHE Chargers

Address:
Quakerdale Gym, 26866 County
Highway S55, New Providence

Mt. Olive, Des Moines

Franklin Jr High, 4801 Franklin Ave Des
Moines, 50310
(Games do not take place at Mt Olive)

Unity Ridge, Denison

Address:
1004 1st Ave S, Denison, IA 51442

St. Paul's, Ft. Dodge

Address:
400 S 13th St, Fort Dodge, IA 50501

Homeschool team, Des Moines

Address:
Heritage Assembly of God Church in
Des Moines
5051 NE 5th St, Des Moines, IA 50313

St. Paul's, Latimer

Address:
St. Paul's Lutheran School
404 Main St, Latimer, IA 50452

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CRUSADER ATHLETE ELIGIBILITY AND EXPECTATIONS

- 1.** Athletes will maintain no less than a "C" average in their academics. Subjects included: reading, language, math, science, social studies, and memory. Grades will be checked every two weeks, if academic performance does not meet this standard they will be suspended from athletics for the following two weeks until grades are checked again. Students receiving an "F" on a report card or midterm may be dismissed from the team.
- 2.** Athletes are expected to be prompt and prepared for each practice and game.
- 3.** Athletes must have physical forms turned in by the first practice or they will not participate until meeting this requirement.
- 4.** Athletes will receive a check (✓) for: improper language, each unexcused practice missed, goofing off during practice, and lack of proper attire including game day dress. If the athlete is late to practice they will receive a check.
Athletes will sit out the following game after receiving a third check and a game for each check after three. Athletes will be dismissed from the team after receiving their sixth check.
- 5.** Athletes will be responsible for his/her uniform! If the athlete does not have their complete uniform at the start of competition they will not participate. (Team water bottles will not be used, each player is responsible for their own.)
- 6.** If activities are directly following school, the student will take their belongings and school work with them.
- 7.** Athletes will not engage in any substance abuse – drugs, drinking, smoking – or will be dismissed from the team.
- 8.** As representatives of Christ, athletes and parents will be supportive of their team, coaches, opponents, and officials in and out of competition.
- 9.** Athletes are expected to remain in the gym during games and tournaments, and will support one another from (or near) the bench when the other Crusader team is playing.

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CRUSADER PRIDE

#TEAM #GIVEGODGLORY

1. As you participate in Trinity's program keep things in perspective.

Sports competition has very little importance when measured against knowing Christ as our Lord and Savior and living life in service to God and man.

2. Understand the equal opportunity of all team members.

Some have more sports skills than others, some may try harder than others. But together you and your teammates are a TEAM, and together you share the winning, losing, and enjoyment of being part of a team.

3. Let your light shine!

You will have golden opportunities to demonstrate publicly your faith. Try to improve your skills of relating in Christian love to teammates, opponents, coaches, and other students.

4. Exhibit good sportsmanship!

Try your hardest to win, but always by the rules. Control your mouth and your temper. Referees will make mistakes, but always abide by their decisions and work hard to exhibit good sportsmanship.

5. Have fun

Sports are meant to be enjoyed. We hope you have a good time as a member of a team, and that you will help your teammates, coaches, opponents, and officials to have fun also.

6. Win graciously!

Enjoy the victory; you worked hard and you earned it. But always remember winning a game doesn't make you a better human being than the members of the losing team. Never try to humiliate or degrade any player or team.

7. Lose without excuse!

Lose with dignity and give your opponents credit for winning. No one likes to lose, but don't react to defeat with anger, complaint, or excuses. Exhibit graciousness, self-control, good sportsmanship, and Christian love for others, whether you are on the winning or losing end of the score.

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